Ophthalmology

4th yr Revision Lecture

Mr David Cheung

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Tuesday, November 19, 2013

• Why Ophthalmology is Important

Why Ophthalmology is Important
Ophthalmology as a Career

- Why Ophthalmology is Important
- Ophthalmology as a Career
- Lecture

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- Ophthalmology as a Career
- Lecture
- Tips for using an Ophthalmoscope

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- I 0% of A&E attendances
- Involved in many systemic diseases:
 - Diabetes, Peripheral Arterial Disease, MS, Thyroid, RA

Ophthalmology as a Career

 Constantly evolving/Technology Driven subspecialty/ Lots of Toys

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 - Lasers, stem cell research, new intraocular lenses, new lens extraction machines, refractive lens tech, new operations
- Hospital Based
- Clean
- Direct and very visual specialty
 - You see, you diagnose, you treat
 - Pathology down the microscope

Perfect mouldable subspecialty

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 - More surgical vs more medical?

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 - 40:60 M:F consultant ratio

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 - v. few egos

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- RCOphth.ac.uk

Lecture

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Important principles only

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 - Diabetic Eye Disease

The Eye





History

History

History

Ocular history

History

Ocular history

FHx

History

Ocular history

FHx

PMHx

History

- Ocular history
- FHx
- PMHx
- SHx

History

Examination

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Anterior Segment: Cornea, Conjunctiva, Anterior Chamber, Lens

Intraocular Pressure

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History

Examination

- Ocular history
- Eyelids

- FHx
- PMHx
- SHx

- Intraocular Pressure
- Fundoscopy

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- Extraocular movements

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- Visual Acuity

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- Intraocular Pressure
- Fundoscopy
- Extraocular movements
- Visual Acuity
- Peripheral Vision
- Pupil reflexes
History

Examination

Expected Competencies

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- Intraocular Pressure
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- Visual Acuity
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Expected Competencies

Naked Eye

Direct
Ophthalmoscope

History

Examination

- Ocular history
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Eyelids

- Anterior Segment: Cornea, Conjunctiva, Anterior Chamber, Lens
- Intraocular Pressure
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Expected Competencies

- Direct Ophthalmoscope
- Confrontation Field Testing

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Expected Competencies

- Direct Ophthalmoscope
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- Snellen Vision Testing

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- Confrontation Field Testing
- Snellen Vision Testing
- Pupil Assessment

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Central Visual Acuity



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•Counting fingers/ Hand movements/ Perception of light/ No perception of light



Confrontational field testing



 Horizontal & vertical inversion on retina



- Horizontal & vertical inversion on retina
- Left FOV projects on right half of each retina



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- Decussation at Optic Chiasm



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 - high- low- high



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PCA with patent collateral MCA supply to macular area of Primary Visual Cortex

















Optic Tract - Parietal CVA- MCA occlusion























Chiasmal Compression Pituitary Adenoma



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Summary

Vertical midline defects are either at or after the decussation point



- Vertical midline defects are either at or after the decussation point
- Bitemporal Hemianopia Pituitary lesions



- Vertical midline defects are either at or after the decussation point
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- Homonymous Hemianopia-Post Chiasmal



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- Bitemporal Hemianopia Pituitary lesions
- Homonymous Hemianopia-Post Chiasmal
 - Congruity increases towards primary visual cortex







Defects which respect the <u>horizontal</u> midline



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Defects which respect the <u>horizontal</u> midline



Retinal Blood Vessels and Nerve Fibre Layer Respect Horizontal Midline



Defects which respect the <u>horizontal</u> midline



Retinal Blood Vessels and Nerve Fibre Layer Respect Horizontal Midline







Defects which respect the horizontal midline



Retinal Blood Vessels and Nerve Fibre Layer Respect Horizontal <u>Midline</u>





Commonly Retinal Problem













 Major problem with eye or optic nerve





- Major problem with eye or optic nerve
- Prechiasmal Problem





Visual Pathway Interruption



Visual Pathway Interruption

•Corneal Disease


Visual Pathway Interruption

•Corneal Disease •Scarring



Visual Pathway Interruption

Corneal Disease
Scarring
Inflammation - (Keratitis)- Infective/ Autoimmune



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•Lens



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Visual Pathway Interruption

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•Lens •Cataract

•Vitreous



Visual Pathway Interruption

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•Lens •Cataract

VitreousHaemorrhage



Visual Pathway Interruption

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•Retina



Visual Pathway Interruption

Corneal Disease
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Inflammation - (Keratitis)- Infective/ Autoimmune

•Lens •Cataract

VitreousHaemorrhage

Retina
Detachment, Vascular Occlusion



Visual Pathway Interruption

Corneal Disease
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VitreousHaemorrhage

RetinaDetachment, Vascular Occlusion

•Optic Nerve





Unilateral Visua

Visual Pathway Interruption

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Optic Nerve Problems

- Anterior Neuropathy- visible on fundoscopy
- Posterior Neuropathy e.g. retrobulbar neuritis in MS
 - Nothing seen on fundoscopy

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Afferent Pathway



Afferent Pathway

Efferent pathway



Afferent Pathway

Efferent pathway

Each Afferent Pathway Stimulates Bilateral Efferent Pathways















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Swinging Light Test - Right Relative Afferent Pupil Defect



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Comparing the left and right afferent pathways and their ability to drive both efferent pathways



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Compares amplitude and speed of conduction (latency) of both optic nerves



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Compares amplitude and speed of conduction (latency) of both optic nerves

Recurrent Retrobulbar Neuritis in MS









•Right Optic Nerve damaged



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•Right nerve conduction speed and number of working nerve fibres reduced





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- •Rate of pupil constriction dependent on efferent pathway activity





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- •Rate of pupil constriction dependent on efferent pathway activity
- •Shine light in right, both pupils constrict but very slowly and not as much
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- •Shine light in left, both pupils constrict fully but quickly

•maximal optic nerve neuronal activity stimulating efferent pathway



Presentation:



Presentation:

Unilateral Vision Loss



- Presentation:
- Unilateral Vision Loss
- Acute Optic Nerve
 Swelling



- Presentation:
- Unilateral Vision Loss
- Acute Optic Nerve
 Swelling
- Afferent Pupillary Defect



Туре	

Туре	Arteritic	

Туре	Arteritic	Non Artertic

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Pathology		

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Clinical Course		

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Treatment	Urgent Immunosuppression	Treat Risk Factors

Symptoms- jaw claudication, insomnia, weight loss, PMR symptoms

Signs

- Bloods ESR and CRP, Platelets, Anaemia, cholesterol, lipids, HBAIC
- Temporal artery biopsy- normal result within 7 days of starting immunosuppression
- Temporal Arteritis/GCA is an emergency! if suspected treat first, temporal artery biopsy later

Retinal Detachment



Painful

- Painless
- Systemic disease
- Hypertension
- Age
- Diabetes



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Mr Raj

Direct Ophthalmoscope Tips




Leucocoria



Refer to eye CAS SOS

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Possibility of retinoblastoma



Thanks Videos Source: www.optic-disc.org

Mr David Cheung

www.mrdavidcheung.com

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